

REVIEW ARTICLE

Synthesis of (-)-menthol: Industrial synthesis routes and recent development

Dominik Dylong¹ | Peter J. C. Hausoul² | Regina Palkovits² | Matthias Eisenacher¹ 

¹Circular Transformation Lab Cologne, TH Köln – University of Applied Sciences, Leverkusen, Germany

²Institute of Technical and Macromolecular Chemistry, RWTH Aachen University, Aachen, Germany

Correspondence

Matthias Eisenacher, Circular Transformation Lab Cologne, TH Köln – University of Applied Sciences, Kaiser-Wilhelm-Allee, Building E28, 51368 Leverkusen, Germany.
Email: matthias.eisenacher@th-koeln.de

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Abstract

(-)-Menthol is one of the most popular aroma compounds worldwide. While in the past mostly extracted from mint plants, today (-)-menthol synthesis from other raw materials is becoming more relevant. Common starting materials for menthol synthesis are *m*-cresol, citral and myrcene, but also substrates like menthone, mono- and bicyclic terpenes and terpenoids have been used for this purpose in the past. As for many applications (-)-menthol of high purity is required, asymmetric syntheses and enantiomeric resolution of obtained raw products are applied for menthol production. This review gives an overview on the most important synthetic menthol production processes of the companies Symrise, Takasago and BASF and relevant literature in the field of menthol synthesis with a focus on the last 20 years.

KEYWORDS

asymmetric catalysis, heterogeneous catalysis, industrial chemistry, menthol

1 | INTRODUCTION

Essential oils of different mint species (lat. *Mentha*) were already used in ancient times for medicinal and cosmeceutical purposes. As one of the main components of the essential oils,^{1–7} (-)-menthol is responsible for the well-known taste, smell and cooling sensation of mint. Currently, it is the worldwide most used aroma compound, with still growing demand.

Although mint oil has been used for many centuries, pure menthol was first characterized in 1862 by Oppenheim.⁸ Menthol has three stereogenic centres, resulting in four pairs of optical isomers (Figure 1).

The physical properties of the pure enantiomers and the racemic mixtures vary slightly (Table 1). While the boiling point difference between the highest and lowest boiling isomer with around 4°C is small in comparison to the range of the melting points, fractional distillation is still the method of choice for separation of the isomers. Concerning the organoleptic properties, the absolute configuration of menthol

has a great impact. While the isomers isomenthol, neomenthol and neoisomenthol have a rather unpleasant smell with earthy and musty notes, menthol is associated with the typical fresh minty aroma and has a subjective cooling sensation on the human mucosa.¹ As the chemoreceptors of the body can be highly shape sensitive, the fresh and cool aroma of the L-(-)-menthol enantiomer (Laevomenthol) is perceived much stronger than that of D-(+)-menthol, which in addition has some slightly unpleasant notes. The application of menthol as an aroma compound is therefore limited to (-)-menthol or the racemic mixture of the two enantiomers. Menthol is used commonly in sweets (e.g. chewing gum), oral care products (e.g. toothpastes, mouthwashes), cosmeceutical and medicinal products (e.g. creams, balms, inhalations, cough syrups) and as additive in tobacco. The biological properties of menthol have been reviewed by Kamatou et al. in 2013.⁹

For the longest time menthol has exclusively been extracted from natural mint or used directly in combination with other compounds as mint-oil. The extraction and usage on a large scale started in the second half of the 20th century. The common process consists

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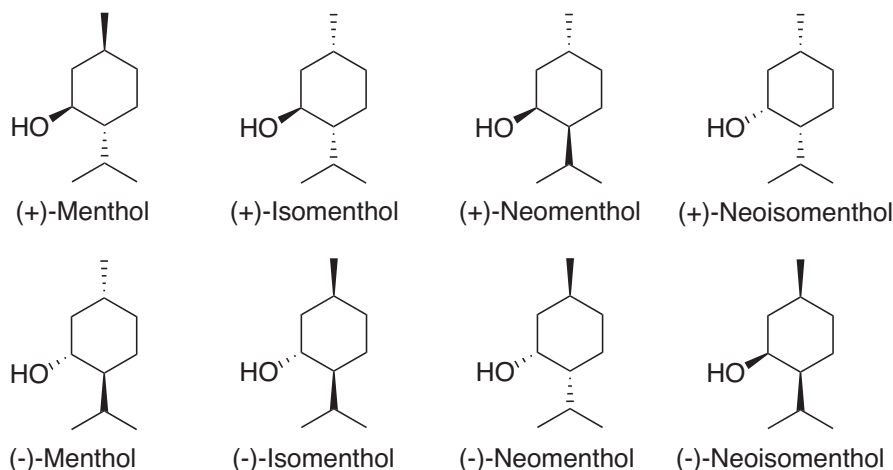


FIGURE 1 Isomers of menthol

TABLE 1 Physical properties of menthol isomers¹⁰

Isomer	Boiling point (°C)	Melting point (°C)	$[\alpha]_D^{20}$ (20% EtOH)
(-)-Menthol	216.5	43.0	-50
<i>rac</i> -Menthol	216.5	38.0	0
(-)-Isomenthol	218.6	82.5	-26
<i>rac</i> -Isomenthol	218.6	53.5	0
(-)-Neomenthol	211.7	-15.0	-20
<i>rac</i> -Neomenthol	211.7	52.0	0
(-)-Neoisomenthol	214.6	-8.0	-2
<i>rac</i> -Neoisomenthol	214.6	13.5	0

of the fast crystallization from cornmint oil at around -40°C and the purification of the obtained crude menthol by following slow recrystallization under strictly controlled conditions. A comprehensive overview on mint cultivation, production of mint oils or natural menthol and their properties is provided by Lawrence et al. in the monograph "Mint".¹

The increasing world demand and the price volatility of natural menthol has led to research on possible synthesis of menthol from other raw materials. In 1998, Clark estimated the annual worldwide menthol production to be 11 800 metric tons, of which around 80% were natural menthol and 20% synthetic menthol.¹¹ Currently, the worldwide production is around 34 000 metric tons per year, with the share of synthetic menthol now being about 60%. This gives a clear indication to the growing importance of synthetic menthol.

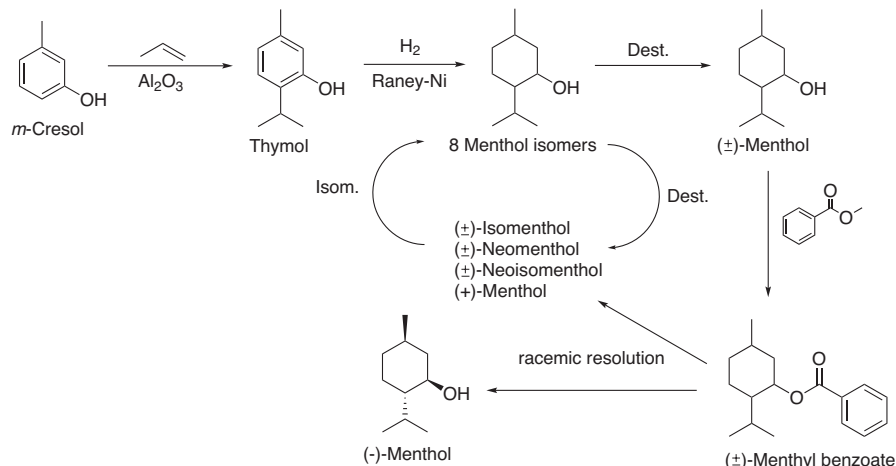
For menthol synthesis, the starting materials should be highly available and applicable in an efficient and cost-effective synthesis route. The most successful synthetic routes of the companies Symrise and Takasago (both developed in the 1970s), as well as BASF (started with menthol production in 2012) have been discussed in various textbooks (e.g. "Natural products in the chemical industry",¹² "Fundamentals of Fragrance Chemistry"¹³) and most recently reviewed by Bernd Schäfer in 2013.¹⁴ While our review also gives a short overview of this processes, the focus is on the peer-reviewed

literature of the last 20 years dealing with synthesis of (-)-menthol from *m*-cresol, citral, myrcene and naturally occurring terpenoids with *p*-menthan structure and shall provide an overview of the most promising approaches.

2 | SYMRISE: MENTHOL FROM *M*-CRESOL AND PROPENE

The synthesis of menthol starting from *m*-cresol (Figure 2) was developed by the German company Haarmann & Reimer, which later became part of Symrise AG.¹⁵ It starts with the Friedel-Crafts-alkylation of fossil-based *m*-cresol with propene to *p*-thymol over alumina¹⁶ or acidic zeolites.¹⁷ Hydrogenation of thymol over nickel- or cobalt-containing catalysts under conditions enabling isomerization results in a racemic mixture of the four menthol diastereomers with >50% of the thermodynamically preferred (\pm)-menthol.^{15,18} (\pm)-Menthol is separated from the mixture by distillation. The racemic resolution of (-)- and (+)-menthol enantiomers is achieved by transesterification with benzoic acid methyl ester and enantioselective crystallization by seeding the mixture with enantiopure (-)-menthyl benzoate under strict crystallization conditions.¹⁹ The transesterification is necessary, because (\pm)-menthol forms crystals with a racemic composition and therefore cannot be resolved by this method. The remaining fraction of iso-, neo- and neoisomenthol together with (+)-menthol (after hydrolysis from (+)-menthyl benzoate) is isomerized to an equilibrium mixture, consisting of 60% menthol, 30% neomenthol and 10% isomenthol.^{20,21} The recycling process minimizes waste and maximizes the yield of the desired (-)-menthol isomer. The selectivity for the (\pm)-menthol diastereomer in the initial thymol hydrogenation step and the formation of racemates, resulting in the need for recycling steps and a rather complex enantiomeric resolution, are compensated by the high availability of the starting materials. While thymol could be recovered from natural sources like thyme oil,²² currently its price is much higher than the synthetic product. This might change in future, but regarding availability and seasonal price fluctuations

FIGURE 2 Symrise (–)-menthol process



the raw material will have similar disadvantages as mint for natural menthol production.

2.1 | Recent publications on menthol synthesis from *m*-Cresol

Alternative versions of some of the reaction steps have been described in the literature. Continuous alkylation of *m*-cresol with propene in the gas phase has been accomplished over the acidic zeolite ZSM-5 by O'Connor et al. with selectivity (S) for thymol up to 90%.²³ Besides the directing effects of the hydroxyl and methyl group, the high selectivity is mostly attributed to the shape of the narrow pores of the catalyst, which allow the preferred diffusion of thymol. In contrast, the equilibrium mixture of the possibly formed isomers contained only 20% thymol and consisted mainly of 3-isopropyl-5-methylphenol. This and the preferred formation of thymol at lower temperatures indicate that the formation of thymol is kinetically controlled. Consistently the selectivity declined with increasing conversion (X).

Many publications relating to the isopropylation of *m*-cresol include the in situ generation of propene from isopropanol. The major drawback is the formation of water as byproduct, which can have negative effects through catalyst deactivation. With this approach, the highest selectivity for thymol formation was reported for the mesoporous catalyst Al-MCM-41.^{24–26} Selvaraj and Kawi claimed 100% thymol selectivity at 91% conversion over Al-MCM-41 impregnated with zinc between 290°C and 350°C in continuous vapour phase isopropylation.²⁴ A isopropanol/*m*-cresol = 2 feed mole ratio provided the best results, with lower ratios leading to lower conversion, while higher ratios resulted in dialkylation. At lower temperatures (200–260°C) significant amounts of other thymol isomers and double C-alkylated products were produced. In contrast, mostly O-alkylated products were observed with not impregnated Al-MCM-41 at lower temperatures. Afreen et al. have reported the vapour phase alkylation of *m*-cresol with isopropanol over various zeolites^{27–29} and zinc aluminates.³⁰ Good results were achieved with Zn-exchanged Y zeolite, as the catalyst with

the highest acid density and Lewis acid strength, with up to 75% thymol selectivity. With progress of the reaction, the deactivation of the catalyst through coking led to falling thymol selectivity, while the formation of dialkylated products increased substantially. In contrast to the findings of O'Connor et al., the authors reported preferred formation of the O-alkylated product over H-ZSM-5 zeolite. Other reports for the alkylation of *m*-cresol with medium selectivity can be found for catalysts like H-BEA zeolite,^{24,27,31} ZnAl_2O_4 ,³² ionic liquids,^{33,34} sulphated $\text{ZrO}_2\text{-TiO}_2$,³⁵ (sulphated) Al_2O_3 ,³⁶ heterogenized AlCl_3 ,³⁷ Fe_2O_3 ,³⁸ and magnesium-aluminium hydrotalcites³⁹ (Table 2).

The hydrogenation of thymol can be achieved with most common heterogeneous hydrogenation catalysts like supported platinum-group metals,^{40–44} copper chromite,^{45,46} and supported nickel catalysts.^{47,48} Menthol can be formed either by direct hydrogenation or via menthone/isomenthone, formed as an intermediate through keto-enol tautomerization. In the second pathway, the hydrogenation of menthone leads to the menthol and neomenthol isomers, while hydrogenation of isomenthone results in isomenthol and neoisomenthol formation. However, under hydrogenation conditions epimerization between menthone and isomenthone via the enol can occur. Table 3 shows selected results of selectivity for the hydrogenation of thymol.

Under reaction conditions suppressing the isomerization of the menthol isomers, neoisomenthol is being formed more readily in both pathways due to all-syn addition of hydrogen at the catalyst surface.^{40,41,43,47,48} The highest selectivity was reported by Solladie-Cavallo et al. for hydrogenation with $\text{Ru}/\text{Al}_2\text{O}_3$ in ethanol at 40°C to a mixture of menthol isomers with 79% neoisomenthol and 10% isomenthol.⁴³ In hexane, the reaction was slower and resulted in a mixture with 48% neoisomenthol and 44% isomenthol, indicating an increased *anti* addition of hydrogen to thymol in the non-polar solvent.

Different selectivity has been achieved with several Pd/C catalysts.⁴⁴ Under basic conditions, up to 84% of the menthol diastereomer was formed, while in aqueous acetic acid the selectivity for neomenthol was higher with up to 56%. While the authors identified the hydrogenation via menthone as the main pathway, they did not

TABLE 2 Overview of selected catalysts for the isopropylation of *m*-cresol

Catalyst	T [°C]	Substrate ratio	Space velocity/ Residence time	X (<i>m</i> -cresol) [%]	S (thymol) [%]	Ref.
ZSM-5 (Si/Al = 110)	200	propene/ <i>m</i> -cresol = 1	WHSV = 0.4 h ⁻¹	55	90	23
Zn-Al-MCM-41 (Si/[Al+Zn] = 75)	350	<i>i</i> -PrOH / <i>m</i> -cresol = 2	WHSV = 1.45 h ⁻¹	91	100	24
Al-MCM-41 (Si/Al = 21)	350	<i>i</i> -PrOH / <i>m</i> -cresol = 2	WHSV = 1.45 h ⁻¹	76	88	
ZnY (Si/Al = 2.4)	250	<i>i</i> -PrOH / <i>m</i> -cresol = 2	WHSV = 2.8 h ⁻¹	92	75	27
H-BEA zeolite (Si/Al = 20)	290	<i>i</i> -PrOH / <i>m</i> -cresol = 2	WHSV = 1.45 h ⁻¹	47	60	24
H-BEA zeolite (Si/Al = 19)	200	<i>i</i> -PrOH / <i>m</i> -cresol = 2	W/F = 0.3 h	57	47	31
ZnAl ₂ O ₃ (ZnO/Al ₂ O ₃ = 0.5)	270	<i>i</i> -PrOH / <i>m</i> -cresol = 5	WHSV = 0.5 h ⁻¹	86	80	30
ZnAl ₂ O ₃ (ZnO/Al ₂ O ₃ = 1)	255	<i>i</i> -PrOH / <i>m</i> -cresol / water = 5:1:1	WHSV = 0.5 h ⁻¹	78	88	32
ZnCl ₃ ⁻ - ionic liquid ^a	120	<i>i</i> -PrOH / <i>m</i> -cresol /ionic liquid = 2:1:1	5 h	96	24	33
	150	<i>i</i> -PrOH / <i>m</i> -cresol /ionic liquid = 2:1:1	n.s.	68	54	
HSO ₄ ⁻ - ionic liquid ^b	190	<i>i</i> -PrOH / <i>m</i> -cresol /ionic liquid = 2:1:1	6 h	78	49	34
Sulfated ZrO ₂ -TiO ₂ (2:1)	220	<i>i</i> -PrOH / <i>m</i> -cresol = 3	WHSV = 6.72 h ⁻¹	73	75	35
γ-Al ₂ O ₃	250	<i>i</i> -PrOH / <i>m</i> -cresol / water = 5:1:1	LHSV = 0.5 h ⁻¹	74	90	36
AlCl ₃ -SiO ₂	250	<i>i</i> -PrOH / <i>m</i> -cresol = 3	n.s.	78	48	37
Fe ₂ O ₃	420	<i>i</i> -PrOH / <i>m</i> -cresol / water = 5:1:1	WHSV = 0.5 h ⁻¹	17	60	38
MgAl-hydrotalcite	400	<i>i</i> -PrOH / <i>m</i> -cresol = 4	WHSV = 8.6 mole h ⁻¹ kg ⁻¹	36	80	39

Abbreviations: LHSV, liquid hourly space velocity; n.s., not specified; S, selectivity; W/F, residence time; WHSV, weight hourly space velocity; X, conversion.

^aN,N,N-triethyl-4-sulfobutan-1-aminium trichlorozincate (II).

^bN,N,N-trimethyl-4-sulfobutan-1-aminium hydrogensulfate.

TABLE 3 Overview of selected catalysts for the hydrogenation of thymol

Catalyst	p(H ₂) [bar]	T [°C]	solvent	X [%]	S [%]				Ref.
					NIML	NML	ML	IML	
Pt/C	30	40	<i>c</i> -Hex	100	64	25	9	2	40
	30	100	<i>c</i> -Hex	100	52	29	16	3	
Ru/Al ₂ O ₃ (5%)	20	40	<i>n</i> -Hex	100	48	5	3	44	43
	20	40	EtOH	100	79	5	6	10	
Pd/C (10%)	35–40	125–130	H ₂ O (+NaOH)	100	n.s.	n.s.	78	n.s.	44
RuO ₂ /C	40	80	<i>i</i> -PrOH	n.s.	n.s.	n.s.	n.s.	87	49
Co/SiO ₂	50	150	<i>t</i> -BuOH	n.s.	n.s.	n.s.	n.s.	71	50

Abbreviations: IML, isomenthol; ML, menthol; n.s., not specified; NIML, neoisomenthol; NML, neomenthol; S, selectivity; X, conversion.

rule out the possible isomerization of menthol diastereomers as the source of this selectivity.

With ruthenium oxide supported on pine needle char, Kumar et al. reported the formation of isomenthol with 87% yield in isopropanol.⁴⁹ Similar results were achieved by Murugesan et al. with 92% yield for menthols and 71% selectivity for isomenthol with cobalt nanoparticles supported on silica in *tert*-butanol.⁵⁰ Ravi and Divakar reported a high selectivity towards formation of (\pm)-menthol as main isomer in a solid state hydrogenation with Rh/Al₂O₃ and β -cyclodextrines.⁵¹

While the isomerization over nickel-catalysts or copper chromite via dehydrogenation-hydrogenation of the menthol isomers obtained from thymol hydrogenation results in mixtures rich in the thermodynamically preferred (\pm)-menthol,^{18,20,52} the separation of (-)-menthol remains challenging. In this context, racemic resolution of menthol under enzymatic catalysis could give a powerful alternative to physical processes. Vorlova et al. reported the racemic resolution of the menthyl benzoate enantiomers by *candida rugosa* lipase. The (-)-menthyl benzoate was selectively hydrolysed, resulting in (-)-menthol with an enantiomeric excess (ee) >99%.⁵³ Symrise claims similar selectivity,⁵⁴ while >97% ee have been achieved by Gao-Wei Zheng et al.⁵⁵ for hydrolysis of (-)-menthylacetate with esterase from *B. subtilis* even for high substrate concentrations. A different approach found in the literature is the enantioselective transesterification of (-)-menthol with vinyl acetate⁵⁶⁻⁵⁹ or carboxylic acids.^{60,61} Sun et al. reported an excellent 99% ee for continuous transesterification of (-)-menthol with vinyl acetate over immobilized *Thermomyces lanuginosus* lipase with retention of activity over a prolonged period of time.⁵⁹

3 | SYNTHESIS ROUTES INCLUDING CITRONELLAL

Most of the publications in the field of menthol synthesis have been published for syntheses starting from citronellal or containing the cyclization of citronellal as the key step (Figure 3). In this chapter,

the industrial menthol processes of Takasago and BASF, both with (+)-citronellal as the main intermediate, will be presented. Next, recent literature for one-pot synthesis of menthol, starting from citronellal or citral will be reviewed, followed by an overview of literature on the cyclization of citronellal to isopulegol.

3.1 | Takasago: Asymmetric synthesis from myrcene

The Japanese company Takasago started to produce menthol in the 1950s. While their starting materials and processes varied with time, they achieved a breakthrough in the 1980s by developing the first asymmetric (-)-menthol synthesis (Figure 4), which is still used nowadays.⁶²⁻⁶⁵

It starts with myrcene, which can be isolated from gum rosin and other renewable sources, but is mainly synthesized by pyrolysis of β -pinene from wood turpentine.^{62,66} The first step is a telomerization of myrcene with diethylamine, catalysed by *n*-butyllithium, to *N,N*-diethylgeranylamine.⁶⁷ In the following crucial step, *N,N*-diethylgeranylamine is isomerized with a chiral organometallic rhodium-BINAP catalyst,⁶⁸⁻⁷⁰ giving (+)-citronellal enamine.⁷¹⁻⁷³ Through the shift of the double bond, chirality is induced in the molecule with high selectivity. The enamine is then hydrolysed to give (+)-citronellal with >98% ee, which is then selectively cyclized to (-)-isopulegol with aluminium tris(2,6-diphenylphenoxide) (ATPH).⁶² Originally, ZnBr₂ was used in this step. Subsequent hydrogenation gives (-)-menthol.

While the myrcene used in the Takasago process is a naturally abundant and cheap substrate, the lack of chirality poses a great disadvantage. To overcome it, Takasago chose a chirality-inducing isomerization step instead of enantiomeric resolution (see Symrise process), which requires rather expensive homogeneous catalysts. Therefore, the optimization of catalyst recycling and lifetime is crucial for the cost-efficiency of the process. Takasago claims high turnover numbers of around 200 000 for this process. This, together with the high intrinsic selectivity in the following cyclization step, makes this approach feasible and results overall in a high (-)-menthol yield.

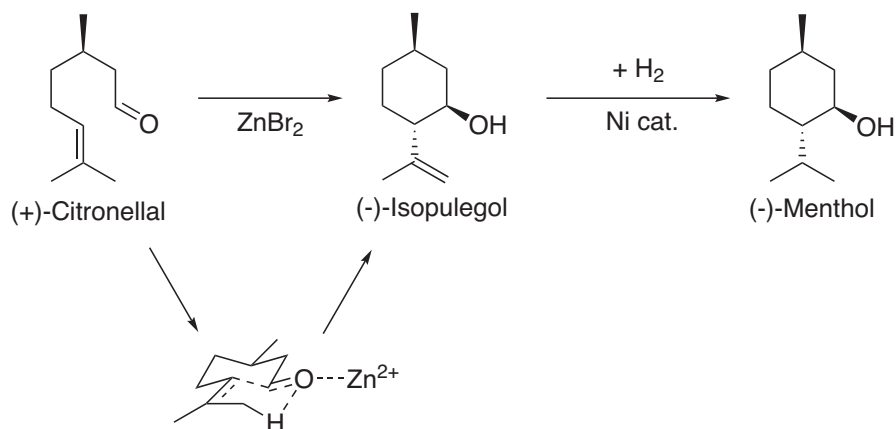


FIGURE 3 Transformation of citronellal to menthol

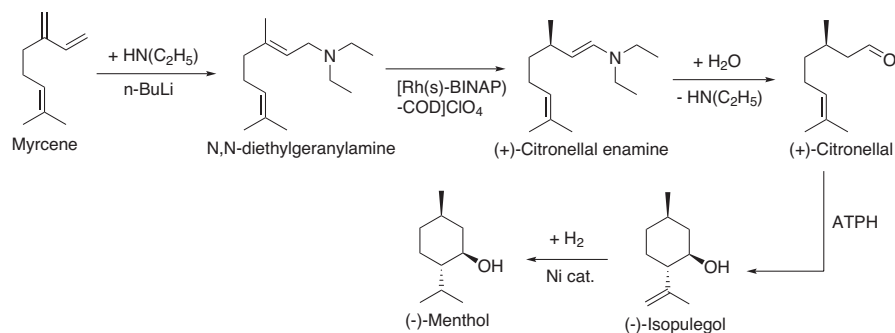


FIGURE 4 Takasago (-)-menthol process

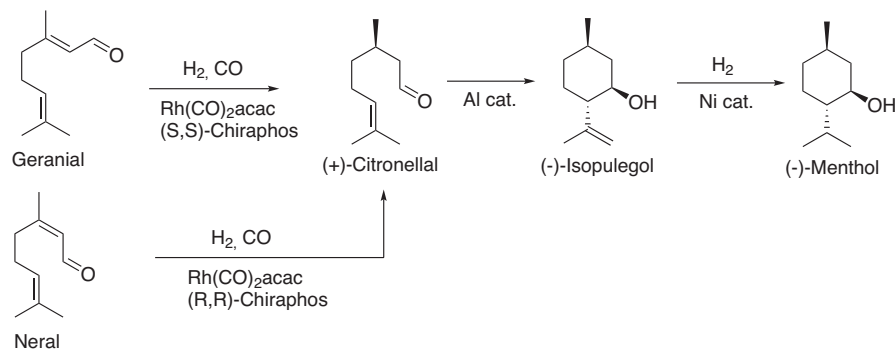


FIGURE 5 BASF (-)-menthol process

3.2 | BASF: Synthesis from Citral

Recently BASF has developed a menthol synthesis based on citral as a starting material (Figure 5). Citral is produced on a large scale by BASF from relatively cheap isobutene and formaldehyde via isoprenol, yielding nearly equal amounts of the two isomers geranial and neral.^{74–76} The hydrogenation of geranial over a chiral rhodium-(S,S)-Chiraphos catalyst or neral over a rhodium-(R,R)-Chiraphos catalyst both lead to (+)-citronellal with >87% ee.⁷⁷ This remarkable chemo- and enantioselectivity can be achieved by pairing the Chiraphos ligand with CO-ligands, which suppresses the hydrogenation of the carbonyl group and the trisubstituted double bond and also prevents the undesired *cis/trans*-isomerization between the geranial and neral isomers, which can occur under hydrogenation conditions. An extensive literature survey on selective hydrogenation of citral to citronellal has been published by Stolle et al. in 2012.⁷⁸ Similar to the Takasago route, the next steps include the cyclization of citronellal to (-)-isopulegol, catalysed by diarylphenoxy aluminium compounds⁷⁹ or tris(aryloxy)aluminium compounds⁸⁰ and hydrogenation to (-)-menthol.^{81,82}

Another approach patented by BASF includes the enantioselective hydrogenation of geraniol or nerol to citronellol over a chiral ruthenium-BINAP catalyst, followed by dehydrogenation to citronellal over mixed ZnO/CaCO₃ catalysts.⁸³ It is not clear if this route has been used on an industrial scale.

Similar to the Takasago process, the lack of chirality in the substrate makes the use of expensive rhodium-based catalysts necessary. While the citral produced by BASF is fossil-based, its synthesis has the potential of including renewable feedstocks in the future,

making its menthol synthesis more attractive from a sustainability viewpoint.

3.3 | Recent publications on the cyclization of citronellal to isopulegol

As the most important step in the synthesis of (-)-menthol from citronellal, the cyclization to isopulegol has been studied extensively. Various homogeneous and heterogeneous catalysts showed good selectivity for formation of a diastereomeric mixture of isopulegols (isopulegol, isoisopulegol, neopulegol, neoisopulegol), but only few reports for formation of the (\pm)-isopulegol diastereomer with high selectivity can be found (Table 4).

The cyclization of citronellal with ZnBr₂, first reported by Nakatani and Kawashima in 1978, yields (\pm)-isopulegol with a high diastereoselectivity up to 94%.⁸⁴ It is induced by the most stable transition state (see Figure 3). However, equimolar amounts of the catalyst had to be used and partial dissolution of ZnBr₂ in the reaction medium posed a problem for reusability of the catalyst. Imachi et al. tried to overcome these disadvantages by loading ZnBr₂ on mesoporous silica.⁸⁵ The resulting heterogeneous catalyst gave isopulegols with 94% yield and 88% diastereoselectivity for (\pm)-isopulegol. No significant leaching of the ZnBr₂ was observed. However, the lifetime of the catalyst was not investigated by the authors.

Corma et al. reported Sn-BEA zeolite as an effective catalyst for the continuous cyclization of citronellal.⁸⁶ Selectivity for isopulegols >98%, with a diastereoselectivity for (\pm)-isopulegol of 83% were achieved for continuous operation, without significant deactivation

TABLE 4 Overview of selected catalysts for the cyclization of citronellal to isopulegol

Catalyst	T [°C]	Y (isopulegols) [%]	DS ((±)-isopulegol) [%]	Ref.
ZnBr ₂	5–10	70	94	84
ZnBr ₂ /C16-HMS	25	94	87	85
Sn-Beta zeolite	80	97	83	86
K-10 (montmorillonite)	80	41	90	87
Zr-montmorillonite	80	98	90	
Zr-Beta zeolite	80	98 ^a	93	88
Al/Fe-pillared montmorillonite	25	98	80	89
AlF ₃	60	92 ^a	92	90
ACPP ^b	-10	95	99	91
Scandium triflate	-78	95	94	93

Abbreviations: DS, diastereoselectivity; Y, yield.

^aGC-yield.

^bTris(2-cyclohexyl-6-phenylphenoxy) aluminium complex.

of the catalyst. Zr-exchanged montmorillonite was successfully used by Tateiwa et al. with 98% yield for isopulegols and 90% diastereoselectivity for (±)-isopulegol.⁸⁷ In comparison, non-exchanged montmorillonite (H⁺-form) showed the same diastereoselectivity, but a lower yield of 41% for isopulegols. Yongzhong et al. used Zr-BEA zeolite with an overall selectivity for isopulegol formation of 98% and a selectivity for (±)-isopulegol of 93%.⁸⁸ The catalyst was reused several times with constant selectivity but decreasing activity. The initial activity was fully restored by calcination at 550°C. The authors demonstrated a significant poisoning of the catalyst with rising conversion without solvent and in acetonitrile, possibly because of preferred adsorption of isopulegols at the active sites. In *tert*-butanol no poisoning was observed due to higher solubility of reaction products in the solvent. Al/Fe-pillared clays were successfully used by Cramarossa et al. with remarkable yields of 98% of isopulegols and up to 80% selectivity for (±)-isopulegol at room temperature.⁸⁹ For reactions at 80°C, initially isopulegol was formed, which after 24–45 h was isomerized to menthones with a yield of 70% and 60% selectivity for formation of (±)-menthone. Coman et al. reported the cyclization of citronellal over heterogeneous metal fluoride catalysts.⁹⁰ With AlF₃, synthesized by sol-gel method, the selectivity for formation of isopulegols in toluene was 92%, with (±)-isopulegol formed also with 92% selectivity.

Diastereoselective cyclization of (+)-citronellal, catalysed by homogeneous aluminium complexes, was explored by Itoh et al. from the company Takasago.^{91,92} They reported an excellent diastereoselectivity for (-)-isopulegol of 99.5%, with an overall yield of 95% with the 2-cyclohexyl-6-phenylphenol ligand on a 100 g scale.⁹¹ After hydrogenation with Raney-Nickel, (-)-menthol was obtained with 91% yield and 99.5% diastereomeric purity. High diastereoselectivity of 94% for (±)-isopulegol, with >95% yield for isopulegols has been reported with scandium triflate as homogeneous catalyst.⁹³ However, a temperature of -78°C was required to maintain selectivity.

Mostly medium selectivity for the cyclization of citronellal to isopulegol was reported with various metal oxides^{94–100} and metal

sulfates,⁹⁵ supported heteropolyacids,^{101–104} transition metal chlorides,^{105,106} zeolites and mesoporous silicates,^{107–112} saponite clay modified with Zn,¹¹³ sulphated zirconia,^{114,115} dialuminium-substituted silicotungstate,¹¹⁶ ion exchange resins and sulfonated polystyrene waste,¹¹⁷ in situ generated triphenylcarbenium ions¹¹⁸ and oxidized carbon nanotubes.¹¹⁹

3.4 | One-Pot Synthesis of Menthol from Citronellal

The one-pot synthesis of menthol from citronellal including cyclization to isopulegol and subsequent hydrogenation has gained interest in recent years. The catalysts need to be bifunctional with acidic sites for cyclization as well as metallic centres for hydrogenation. Under hydrogen atmosphere, the isomerization and hydrogenation reactions proceed simultaneously, resulting in the formation of undesired acyclic by-products (Figure 6). This disadvantage can partly be overcome by choosing suitable catalysts and reaction condition, which minimize the citronellal hydrogenation or by a two-stage approach, with cyclisation of citronellal performed under inert atmosphere, followed by reduction under hydrogen atmosphere.

The first approach is particularly interesting in regard to continuous processes,¹²⁰ with platinum group metals supported on H-BEA zeolites proven especially useful. With Pt/H-BEA in dioxane, selectivity up to 85% yield for the desired menthol diastereomer could be achieved.¹²¹ The choice of the solvent had a pronounced effect on selectivity, with solvents like cyclohexane, tetrahydrofuran and toluene promoting the undesired hydrogenation of citronellal to 3,7-dimethyloctan-1-ol. Similar results were reported by Plößer et al. with yields of menthol isomers of 93% with a selectivity of 79% for (±)-menthol with Ru/H-BEA in 1,4-Dioxane at 373 K.^{122,123} Besides the solvent influence, the selectivity was also affected by reaction temperature, with undesired hydrogenation of citronellal taking place at lower temperatures, while higher

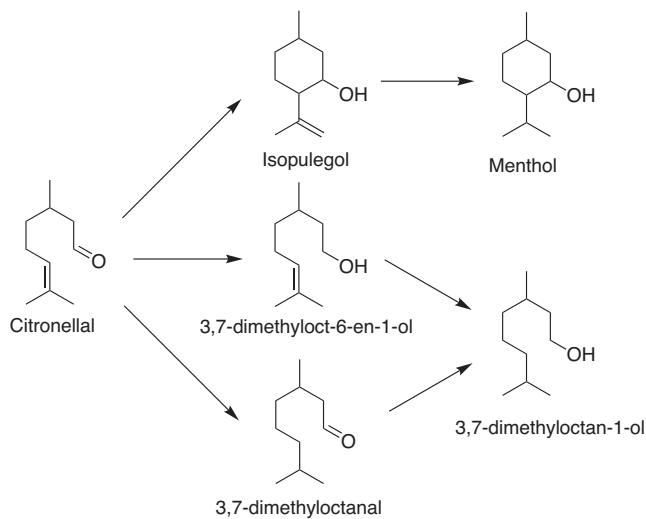


FIGURE 6 Possible reactions in the one-pot transformation of citronellal under hydrogen atmosphere with bifunctional catalysts

temperatures led to formation of defunctionalized olefins. In addition, reduction of catalyst in hydrogen prior to the reaction at elevated temperatures significantly improved activity and selectivity for menthol formation due to partial dealumination of the zeolite structure. In comparison to ruthenium, Pd/H-BEA showed a strong tendency for defunctionalization and dimerization. Neatu et al. and Iosif et al. found, that for Ir/H-BEA the solvent with the lowest dielectric constant (cyclohexane) gave the highest yield of menthol isomers.^{124,125} Consistently with the other reports, high hydrogen pressure led to acyclic hydrogenation product formation, while low hydrogen pressure resulted in isopulegol not being fully hydrogenated to menthol. With phosphotungstic acid and palladium supported on silica, da Silva Rocha et al. achieved a yield of 92% for menthols with a selectivity of 85% for (–)-menthol when starting from (+)-citronellal.¹²⁶ The authors did not observe hydrogenation of citronellal even at high hydrogen pressures, which could be explained by the higher acidity of phosphotungstic acid in comparison to H-BEA zeolite, resulting in a higher cyclization rate. The selectivity towards menthols was highest at low initial concentrations of citronellal, with significant formation of dimeric products up to 34% at higher substrate concentration. A remarkable yield of 93% for (±)-menthol was reported by Negoj et al. with ionic gold supported on hydroxylated MgF₂.¹²⁷ While the acidic support catalysed different side reactions like dehydration and etherification of isopulegol on its own, the impregnation with gold nanoparticles seemed to suppress these reactions completely. Additionally, no acyclic hydrogenation products were observed. However, long reaction times (22 h) and regeneration of the catalyst by reoxidation of Au^I to the active Au^{III} by air were required.

For a two-stage approach, a variety of bifunctional catalysts can be used. Nie et al. reported the transformation of (±)-citronellal over nickel-impregnated Zr-BEA zeolites and mixtures of Zr-BEA and Ni/MCM-41 with (±)-menthol yields up to 89%.^{128,129} The higher diastereoselectivity towards the desired isopulegol isomer

of the alumina free Zr-BEA was attributed by the authors to the size difference between Al³⁺ and Zr⁴⁺ in the zeolite framework. The impregnation of nickel on the zeolite resulted in partial pore blockage and reduced selectivity. The application of a mixture of Ni/MCM-41 and Zr-BEA resulted in faster hydrogenation of isopulegols and higher selectivity for menthols because higher metal loadings were possible without impairment of the cyclization activity of the Zr-BEA. Up to 96% menthol isomers were obtained by Dam et al. with the mesoporous silicate TUD-1, containing tungsten trioxide and platinum.¹³⁰ The recycling of the catalyst showed a strong deactivation through agglomeration of WO₃ particles. Cirujano et al. incorporated palladium nanoparticles into a chromium MOF (MIL-101) by impregnation.¹³¹ With the resulting bifunctional catalyst an overall yield of 81% of (±)-menthol was attained when racemic citronellal was used in a two-stage reaction. With simultaneous isomerization and hydrogenation in one stage, the yield was only 21%, with hydrogenation of citronellal to 3,7-methyloctanol being the dominant reaction.

Other catalysts reported for the one-pot transformation of citronellal with medium selectivity were, e.g. Ni supported on or incorporated into ZrS,¹³² Ru-ZnBr₂/SiO₂,¹³³ Ru/H-MCM-41,¹³⁴ metal nanoparticles supported on perfluorinated superacid polymers,¹³⁵ Cu/SiO₂¹³⁶ and scrap catalytic converters modified with Fe.¹³⁷

3.5 | One-Pot synthesis of menthol from citral

A few examples in the literature have described the one-pot synthesis of menthol from citral combining the hydrogenation to citronellal, the cyclization to isopulegol and the hydrogenation to menthol. Compared to the one-pot synthesis from citronellal, the additional step increases the risk of side reactions. With nickel supported on Al-MCM-41 and constant hydrogen pressure, Trasarti et al. reported a yield of 94% menthol isomers, with 71% being (±)-menthol.^{138,139} A preliminary screening of hydrogenation catalysts (metals supported on SiO₂) showed that only Pd and Ni have a high initial selectivity for the hydrogenation of the conjugated C=C bond, while Co, Cu, Pt and Ir produced significant amounts of geraniol/nerol. In the tested support materials, SiO₂-Al₂O₃, Al-MCM-41 and zeolite H-BEA showed the highest cyclization activity. The resulting bifunctional catalysts all promoted the decarbonylation and cracking of citral and citronellal to some extent, but on Ni/Al-MCM-41, as the catalyst with the lowest acidity, these side reactions were reduced to around 6%. Nie et al. have achieved a remarkable yield of 89% for (±)-menthol with the dual catalytic system of Zr-beta zeolite and Ni/MCM-41 described in the previous chapter. By using low initial hydrogen pressure and rising the pressure after most of the isopulegol was cyclized, the authors were able to maintain high selectivity, while shortening the reaction time.¹⁴⁰

Medium yields for menthol in the one-pot transformation of citral were achieved with nickel and platinum group metals supported on H-MCM-41 and H-Y zeolites,¹⁴¹ BEA zeolite¹⁴² or ionic liquid catalysts containing Pd.¹⁴³

4 | SYNTHESIS FROM OTHER RAW MATERIALS

In this chapter, other possible starting materials for the synthesis of menthol will be presented. Some of the syntheses were commercialized in the past, others are only of theoretical importance due to low availability of the starting material or uneconomical synthesis routes. The older synthesis routes were reviewed by Lawrence et al.¹ and Leffingwell and Shackelford.¹⁴⁴

Menthone and many terpenoids occurring in nature (see Figure 7) can be transformed to menthol by simple hydrogenation. This group contains, e.g. pulegone, piperitone, piperitol and piperitenol. An important source is the dementholized cornmint oil, being the residue of natural menthol production. However, the selectivity suffers from the fast isomerization via keto-enol tautomerism under hydrogenation conditions, resulting in mixtures of menthol diastereomers. For transfer hydrogenation of menthone with Raney-nickel with overall selectivity for menthols close to 100%, Phillipov et al. reported a fast isomerization to the equilibrium ratio of 72/28 menthone/isomenthone in 2-propanol.^{145,146} The isomerization was fastest in secondary alcohols and negligible in primary alcohols like 1-propanol, which is consistent with the overall hydrogen donor properties of alcohols in transfer hydrogenation. Interestingly, the transfer hydrogenation of menthone was also successfully conducted by the authors in supercritical alcohols under non-catalytic conditions. Here, secondary and primary alcohols showed similar activity for transfer hydrogenation as well as the isomerization to isomenthone.

Vetere et al. reported the hydrogenation of menthone (80% (-)-menthone, 20% (+)-isomenthone) over supported platinum catalysts.¹⁴⁷ Pt/SiO₂ showed a selectivity of 50% for (-)-menthol and 39% for (+)-neomenthol at 80% conversion. However, significant deactivation of the catalyst was observed. Higher conversions were achieved by modification of the catalyst with tin, which unfortunately reduced the selectivity for (-)-menthol to 44%. Under the same conditions, the hydrogenation of pulegone resulted in a mixture of menthone and menthols, with neoisomenthone as the main isomer. Hydrogenation with supported copper catalysts was investigated by Ravasio et al.^{148,149} Cu/Al₂O₃ gave 52% (-)-menthol and 39% (+)-neomenthol. Hydrogenation of pulegone under the same conditions resulted in neomenthol as the main isomer. Initially predominating neoisomenthone was converted to the more stable isomers in the course of the reaction. Other catalysts reportedly used for hydrogenation of menthone to menthol were osmium complexes,¹⁵⁰ B(C₆F₅)₃ in combination with cyclodextrines,¹⁵¹ Raney-nickel,¹⁵²⁻¹⁵⁶ boron-containing frustrated Lewis pair catalysts¹⁵⁷ and Pt/Al₂O₃.¹⁵⁸

With chiral homogeneous ruthenium catalysts, Ohshima et al. demonstrated a stereoselective menthol synthesis from pulegone.¹⁵⁹ In the first step, (+)-pulegone was hydrogenated to (-)-pulegol using a RuCl₂(PPh₃)₂(propanediamine) complex with 97% selectivity. In the second step with a Ru(OCOPh)₂(dppe) complex, (-)-menthol was obtained with 96% selectivity. Bogel-Lukasik investigated the hydrogenation of pulegone in supercritical CO₂ as a potential green solvent with platinum metals supported on alumina.¹⁶⁰ The hydrogenation over Pd/Al₂O₃ gave menthone with 98% selectivity. Interestingly,

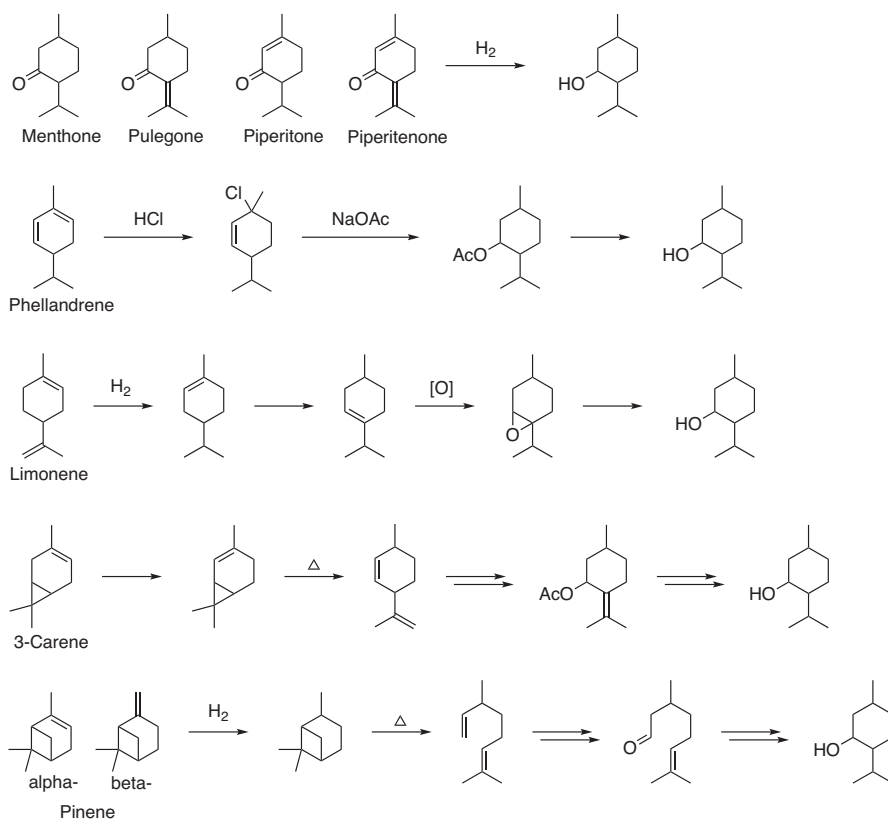


FIGURE 7 Examples for transformation of terpenes and terpenoids into menthol¹⁴⁴

hydrogenation over Ru/Al₂O₃ gave carvone and hydrogenation over Rh/Al₂O₃ gave thymol with high selectivity. The hydrogenation of pulegone has also been reported with catalysts like nickel nanoparticles,¹⁶¹ palladium and cobalt supported on carbon^{162,163} and via electrocatalytic hydrogenation.¹⁶⁴

Unsaturated *p*-menthane analogues like α -phellandrene and limonene, as well as bicyclic terpenes like α -pinene and 3-carene have been used for commercial menthol synthesis in the past (see Lawrence et al.,¹ Leffingwell and Shackelford¹⁴⁴). Especially pinene and carene, as the main components of crude sulphate turpentine generated in large amounts as waste in wood pulp production, are interesting raw materials for menthol production, not only because of high availability, but also their chirality. The Takasago process can utilize β -pinene as a precursor of myrcene. Other syntheses consisted of many steps with moderate overall menthol yields and could not compete against the established processes. No relevant literature for menthol synthesis from these raw materials has been published in the last 20 years. However, this will probably change in future, as cheap and renewable starting materials will become more and more important.

5 | CONCLUSION

The worldwide usage of (-)-menthol, as one of the most important aroma molecules, is constantly rising. To meet the demand in future, the natural menthol production from mint will not be sufficient. In this context, synthetic menthol production gains in importance. The synthesis routes are starting from *m*-cresol (Symrise) and citral (BASF), both fossil-based, and renewable myrcene (Takasago). In the manufacturing of consumer goods containing menthol, a green image will get more and more important for customers, further driving the industry towards sustainable production. However, the assessment of the sustainability of a process or product is far from easy. Besides the nature of the feedstock, also other aspects like energy consumption, CO₂ emissions and environmental impact have to be taken into account. Some interesting aspects of this problem are discussed by Charles S. Sell in his textbook "Fundamentals of Fragrance Chemistry".¹³

The overall efficiency of the three synthetic routes is high, but realized through different approaches. BASF and Takasago achieve high selectivity through the use of chiral, homogeneous catalysts. The drawback is the difficult recycling of the catalysts. In contrary, Symrise uses heterogeneous catalysts, at the cost of lower selectivity, making a non-trivial racemic resolution step necessary.

For menthol synthesis from *m*-cresol the use of zeolites like ZSM-5 and Y or mesoporous aluminosilicates like Al-MCM-41 has a clear advantage over all other types of acidic catalysts because of their well-defined porous structure, resulting in high selectivity for the formation of the intermediate thymol. The following hydrogenation with common heterogeneous catalysts always results in a mixture of the menthol diastereomers. With platinum group metals under mild reaction conditions, the reaction is kinetically controlled and neoiso-menthol is formed as the main product. The formation of the desired

and thermodynamically preferred menthol diastereomer is possible through isomerization over nickel and copper chromite catalysts. For the following physical racemic resolution of the menthol enantiomers, alternative enzymatic methods were proposed in the literature.

Most research for the synthesis of menthol has been published for citronellal and citral as starting materials. The cyclization of citronellal to isopulegol has the highest selectivity when catalysed with homogeneous Lewis acids like ZnBr₂, AlF₃ or sterically demanding aluminium complexes. Slightly lower selectivity was reported for the use of supported ZnBr₂, Sn- and Zr-Beta zeolites, Zr-montmorillonite and Al/Fe-pillared montmorillonite. As the following hydrogenation of isopulegol to menthol presents no difficulties regarding selectivity, the one-pot approach with bifunctional catalysts (acidic and metallic sites) is an interesting possibility. However, unfavourable hydrogenation of citronellal must be prevented, either by careful choice of reaction conditions or by a two-stage approach, with initially inert atmosphere, which is then replaced with hydrogen. For the first option, good results were reported with Pt, Ru and Ir supported on zeolite Beta, Pd and phosphotungstic acid supported on silica or Au on hydroxylated MgF₂. For the second approach, the highest menthol yields were achieved with a combination of Ni/MCM-41 and Zr-Beta zeolite. Remarkably, this catalyst system also enabled a one-pot menthol synthesis starting from citral. Unfortunately, due to the achiral starting material only racemic menthol is formed.

When it comes to menthol synthesis from renewable starting materials (other than myrcene and citronellal), literature in the last 20 years is relatively scarce, concentrating on menthone and pulegone. Both are mainly obtained from mint, e.g. from dementholized commint oil, a byproduct of natural menthol production. Hydrogenation over heterogeneous catalysts gives mixtures of menthol diastereomers, while higher selectivity can be obtained with chiral homogeneous catalysts.

Challenges in the transition to renewable feedstocks can be the variable composition of natural raw materials and the dependence of their price and availability on many factors. In this context, there still is a great need for research on sustainable menthol production.

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CONFLICT OF INTEREST

The authors have no conflict of interest in relation to this work.

DATA AVAILABILITY STATEMENT

Data sharing is not applicable to this article as no new data were created or analyzed in this study.

ORCID

Matthias Eisenacher  <https://orcid.org/0000-0002-9175-9914>

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